

Adult Program Format

國術課程

Introudctory Training Lever 介紹班

Entry Level 入門班

Foundation Martial Training Level 強身基礎班

Basic Level 初級

Intermediate Martial Training Level 中級專業班

Grade 1 一年級

Grade 2 二年級

Style Specialization 拳種進修班

Instructor Training Level 武術師資班

Assistant Instructor 助教

Instrutor 教練

Professional Level 高專業班

Refinement Level 拳藝深造班

Martial Learning Research Level 武學教授班

Professor 教授

Martial Dao Research Level 武道研究班

Research Specialist 研究專家

Master 大乘宗師