



傳統拳藝班  
**TRADITIONAL KUNG FU STYLE TRAINING PROGRAM**

In this traditional-based program, you'll do advanced studies on some special subject matter. Here's a quick look at what you'll learn at basic through advanced levels:

Grades 3-5 三, 四, 五年級: 傳統拳藝班					
Grade 3	Grade 4	Grade 5			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	內外功法訓練科	Internal and External Special Martial Skills Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	人體武學勁與力科	Martial Power Generation Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	人體解剖科	Martial Arts Human Anatomy and Physiology Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	武醫科	Martial Arts Injury Prevention and Healing Techniques	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	拳類科	Eight Primary Combat Divisions Forms Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	兵械科	Weapons Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	養生氣功科	Health Qi Gong and Longevity Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	技法實作科	Practical Application and Technique Training	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	拳學理論及藝法科	Special Hand Technique Training	
				Martial Theory Studies	
Section Exams		Section I <input type="checkbox"/>	Section II <input type="checkbox"/>	Section III <input type="checkbox"/>	Section IV <input type="checkbox"/>
				Grade 3, 4, 5 Final Exams	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

As you can see, your learning takes a leap from technique and foundation skills to a much broader scope. This is in line with the classical way of learning Kung Fu.